

Vision The newsletter for bakers and patissiers

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Dear reader,

Welcome to another edition of our Vision Magazine for 2018. For this edition, we selected Clean Label as the main topic as it still raises many questions within the baking industry. Why do consumers want clean labels? What does clean label mean? What is a good definition of clean label? More than ever before, consumers are demanding transparency through clean labels. They want to be able to make more informed decisions about the food they are eating and consumers want to be sure that what they are eating is healthy.

We hope to provide you with some additional insights and inspiration into a market that is no longer a niche but an ever-growing trend. Happy reading!

Consumers and the trend of Clean Label



Source: Puratos ClaimsResearch 2014

Consumers want to know the composition of their food. As 65% of worldwide consumers are demanding more transparent communication on labels*, we can see that they are paying more attention to product labels. Consumers prefer short, clean and clear labels, with mainly natural ingredients and ingredient names that they know or can easily understand.

There is no single regulatory definition of what constitutes a clean label product. This leads to a lot of different interpretations of the clean label principle. For some customers and consumers, it means only using natural ingredients; for others, it's no or fewer additives, no preservatives, or no artificial flavours and no artificial colours. However, the constant founding principle of the clean label movement are **transparency** and **naturalness**.

*Taste Tomorrow Survey 2015-2017



Puratos strives to be the reliable leaders in Clean(er) Label for Bakery and Pâtisserie through innovation and renovation without compromising on quality, taste, texture, safety and visual appeal throughout the shelf life of our products.

What does Clean(er) Label mean?

At Puratos we opt for the term "Clean(er) Label" as it shows it is not an end state but an on going process. Clean label is a moving target as the public opinion around it is continuously evolving and differs significantly between regions and countries.

Puratos has a large range of products that have been successful for decades. Like our S500, known as the best bread improver in the industry. For our products, we offer our standard range as well as clean(er) label alternatives. Every new product is by definition being formulated in such way that it is as clean as possible right from the start.

Puratos' products contain only the ingredients needed to bring a specific functionality to the product or to assist the professional in their job. Our continued research on ingredients, recipes for final applications and processes allows Puratos to manufacture bakery and patisserie solutions.



Bakery



With more than 60 years of baking experience, Puratos has been continuously looking into new technologies and innovations. Our bread improvers offer the unique benefits of vertical integration through the production of enzymes and fermentation products. Our sourdough solutions can help you differentiate among others while keeping your current process.

We support your clean(er) label efforts by providing a full range of solutions to improve every aspect of breadmaking.

Improvers

 Based on enzyme technology that provides a similar performance compared to traditionally used chemical additives

Bakery Mixes

- No artificial colours, flavours or preservatives
- **Enzyme technology** provides consistency in taste and texture

Flavours and Sourdoughs

- Based on natural fermentation
- Enhance aromas and productivity while keeping your current operation process

Consumers indulge in sweet goods to satisfy a craving, celebrate an occasion or simply treat themselves. Even though pâtisserie is about indulgence, consumers still want to be aware of what they are eating.



- No Artificial Flavours
- No Artificial Colours
- No High Fructose Corn Syrup

Glazes,

& icings

- No Partially Hydrogenated Oils
- No Artificial Colours
- No High Fructose Corn Syrup No Partially
- Hydrogenated Oils

- No Aluminum-Based
- No Preservatives
- No Artificial Flavours
- No Artificial Colours
- No Partially
- Hydrogenated Oils

Pâtisserie

Our Puratos Pâtisserie Model has the solutions for all your needs: Bases, Fillings and **Decorations**. We evaluate each product we produce to see where we can clean up the label:

- Removal or reduction of some ingredients
- Introduce natural flavours and colours
- Eliminating partially hydrogenated oils
- Never using high fructose corn syrup

We continue to research new solutions to evolve our products in supporting our customers' and consumers' expectations in this ever going trend.

Check out www.puratos.ca for our full range of clean(er) label solutions.



Vanilla Key Lime Naked Cake

This cake is layered with Clean(er) Label Satin Vanilla Velvet Cake mix and Cremfil Silk Key Lime filling, which has a perfectly balanced taste of tartness and sweetness. It is topped and decorated with Deli Dulce de Leche and Deli Meringue. All of the fillings and toppings used are made with no artificial flavours and no artificial colours. Inspiring, flavourful and more natural, this cake is a must at any summer gathering!

Ingredients:	g	
Satin Vanilla		
Velvet Cake CL	1,000	
Water	400	
Oil	250	
Whole Eggs	250	

Working Method:

Cake Base: Place all the ingredients in a mixing bowl and blend for 1 minute on slow speed using a paddle attachment. Scrape down the bowl and mix for an additional 4 minutes on medium speed. For sheet layers scale at 850-950g. Bake at 180-190°C in rack oven for 9-11 minutes. Allow to cool before cutting.

Fillings: Place Cremfil Silk Key Lime in a pastry bag fitted with a round tip.

Toppings: Place Deli Dulce De Leche in a pastry bag fitted with a round tip

Preparation: Whip Deli Meringue on 1_{st} speed for 1 minute and on 2_{nd} speed to a stiff peak. Place in pastry bag with a tip.



Assembly as follows:

- 1. Cut 3 layers of Satin Vanilla Velvet Cake into rounds.
- Place one cake layer on bottom of mould and continue by filling with Cremfil Silk Key Lime.
- 3. Place the second cake layer on top apply some pressure. Apply another layer of Cremfil Silk Key Lime.
- 4. Place the third cake layer on top and apply evenly a thin layer of Cremfil Silk Key Lime on top with the help of an offset spatula.
- 5. Pipe a disk of Deli Dulce de Leche on to cake surface as seen in photo or as desired.
- 6. Pipe Deli Meringue as seen in photo or as desired.

Hearty Fruit Bread

CLEAN(ER)

This fruity bread is packed with tender grains, seeds and dried fruits. The bread is made with Softgrain Sweet 5 Grain, which is a blend of oats, sunflower seeds, flax, wheat and millet cooked in a mild liquid sourdough with a touch of honey. We have also integrated our clean label all-purpose improver, S500 CL, to offer you peace of mind and allow for a clean(er) ingredient declaration.



Base Dough			
Ingredients:	g	%	
Strong Bakers Flour	10,000	100	
Water	5,800	58	
Salt	200	2	
S500 CL	200	2	
Softgrain Sweet 5 grains	4,000	40	
Fresh Yeast	250	2.5	
Dried Apples	1,000	10	
Dried Apricots	800	8	
Dried Figs	800	8	
Total	23,050 g		

Working Method

Mixing/Spiral Mixer: Slow speed 8 minutes, fast speed 4 minutes. After the dough is completely mixed add the
dried fruit and mix on slow for two minutes or until fully
incorporated
Dough temperature: 27°C
Bulk fermentation: 30 minutes
Scale: 480 grams
Intermediate proof: 15 minutes
Make Up: Oval
Decoration Before Baking: Score as desire
Final Fermentation: 45 to 60 minutes
Oven Temperature: 220°C with steam and drop to 200°C
Baking Time: 26-30 minutes

- Always wash the fruit with warm water and soak for 20-30 minutes prior to adding to the dough.
- Dip the scoring blade in water or oil just before scoring each loaf. This will help with the shredding and
 prevent the blade from sticking.

Contact us for more details & recipes

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Tips



